



MENU



| WESTMEAD

PLEASE ORDER AT THE COUNTER

BRUNCH

TOAST WITH BUTTER AND CONDIMENTS

Sourdough (856kJ)	7
Soy Linseed (1419kJ)	7
Gluten Free (856kJ)	8
Fruit Loaf with Honey (2010kJ)	8

Served with strawberry jam (150kJ) / peanut butter (273kJ) / Vegemite (35kJ) **Add extra condiment +0.5**

EGGS AS YOU LIKE ^{V GFOR} 14

Served on sourdough toast (see extras)
Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ)

ULTIMATE BREAKFAST BURRITO 18

Chorizo & baked beans, lettuce, tomato salsa, homemade spicy mayo, pickle, avocado, melted cheddar cheese, spinach tortilla (2640kJ)

BREKKIE BURGER 17

Bacon, fried egg, hash brown, lettuce, homemade tomato relish, tomato and aioli on a soft milk bun (2790kJ)
Swap bacon to grilled halloumi cheese upon request (2740kJ)
Add cheese (+276kJ) +1 / avocado (+994kJ) +2

B.L.A.T. ^{GFOR} 18

Bacon, lettuce, smashed avocado, tomato and homemade sweet chilli mayo on toasted focaccia (2720kJ)
Swap Bacon with Halloumi ^V

CRUSHED AVOCADO ON TOAST ^V 22

Slow roasted cherry tomato, parsley, whipped Persian fetta, homemade chilli oil, pickled eschalots, poached eggs, toasted sourdough (2330kJ)

OMELETTE ^{V GFOR} 20

Roasted mushrooms, braised tomato, parsley, mozzarella with toasted bread (2250kJ)
Add ham (+453kJ) +4 / add chicken (+718kJ) + 7 / smoked salmon (+561kJ) +7

CHEESY CHORIZO & BEANS OMELETTE 22

Sautéed chorizo, baked beans, tomato salsa, mozzarella, parsley, toasted focaccia (3020kJ)

TURKISH EGGS 22

Grilled chorizo, slow roasted cherry tomato, poached eggs, lemon & dill labneh, Aleppo butter, toasted focaccia (3530kJ)

CORN FRITTERS ^V 22

Tempura corn fritters, cucumber & avocado salsa, tomato relish, poached eggs (1620kJ)

CHILLI SCRAMBLED EGGS ON CRUMPET ^V 22

Slow braised eggplant relish, chilli oil, pan roasted tomato, parsley, grilled halloumi, toasted coconut, soft herbs, toasted crumpet (2140kJ)

MUSHROOM SCRAMBLED EGGS ON CRUMPET ^V 22

Chilli jam, sautéed king trumpet mushroom, asparagus, whipped Persian fetta, and shiitake mushroom XO on a toasted homemade crumpet (2210kJ)

TRUFFLE MUSHROOM BRUSCHETTA ^V 22

Mushrooms, avocado, parsley, eschalots, garlic, thyme, truffle butter, whipped Persian fetta, fried egg, chilli oil, on a toasted focaccia (2690kJ)

GRILLED HALLOUMI BENNY ^{V GFOR} 22

Spiced eggplant, tomato, raisin, coriander, grilled halloumi, sautéed spinach, Spanish onion, poached eggs, and hollandaise on a toasted homemade crumpet (2340kJ)
Swap the halloumi for smoked salmon (2050kJ), ham (2610kJ) or bacon (3690kJ) upon request

GRILLED HALLOUMI BREAKFAST BOWL ^V 24

Grilled halloumi, roasted pumpkin, tomato salsa, crispy chickpeas, soft boiled egg, avocado, miso dressing, hummus, toasted sourdough (4300kJ)

BREAKFAST GNOCCHI 25

Homemade potato gnocchi, roasted tomato, chorizo, chilli, parsley, parmesan snow, poached egg (2810kJ)
Swap the chorizo for chicken (2530kJ)

SMOKED SALMON BENNY ON OKONOMIROSTI 25

Japanese style rosti, smoked salmon, poached eggs, avocado, roe, corn salsa, hollandaise, fine herbs (2430kJ)
Swap the salmon for ham (2630kJ) or bacon (2900kJ) upon request

BIG BREAKFAST 26

Two eggs your way, chorizo, bacon, hash browns, crushed avo and roasted mushrooms with toasted sourdough (4440kJ)

LEAF BREKKIE ^V 26

Two poached eggs, grilled halloumi, hash browns, mushrooms, sautéed spinach, smashed avocado and roasted tomato with toasted sourdough (3530kJ)

EXTRAS

Aioli Sauce (414kJ) / Chili Oil (287kJ)	1	Grilled Bacon (1310kJ) / Chorizo (1310kJ) / Grilled Halloumi (722kJ) /	7
Hollandaise Sauce (414kJ) / 3 Hash Brown (553kJ)		Grilled Chicken (718kJ) / Smoked Salmon (561kJ)	8
Poached Egg (345kJ)	3.5	Potato Chips (1192kJ)	9
Sautéed Spinach (251kJ) / 4 Mushrooms (160kJ) / Avocado (994kJ) / Ham (453kJ)		Sweet Potato Chips (809kJ)	10

^Vvegetarian ^{GF}gluten free ^{GFOR}gluten free on request • The average adult daily energy intake is 8700kJ

Please notify staff of food allergies • Sorry, we can't remove or swap ingredients • 15% public holiday surcharge • Halal Chicken



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BURGERS, SANDWICHES & MORE

FAJITA CHICKEN & SALAD WRAP

19

Marinated fajita chicken, grilled peppers, onion, avocado, tomato salsa, baby cos, mozzarella cheese, and homemade spicy mayo (mild) in a spinach wrap (2410kJ)

Add chips (+715kJ) +4

CHICKEN SCHNITZEL WRAP

19

Panko crumbed chicken breast fillet, English cheddar cheese, lettuce, avocado, tomato, and sweet chilli mayo on a spinach wrap (3240kJ)

GRILLED CHICKEN & MUSHROOM TOASTIE

19

Grilled chicken breast, English cheddar cheese, chives, truffle mayo, and caramelized onion & mushroom relish on toasted focaccia (3510kJ)

KOREAN FRIED CHICKEN SANDWICH

24

Crispy fried chicken, shredded lettuce, avocado, aioli, pickle, Gangjeong (sweet spicy) sauce, toasted focaccia, chips (4510kJ)

GRILLED BEEF CHEESEBURGER

25

Homemade beef patty, homemade tomato relish, lettuce, tomato, pickle, melted cheddar cheese, grilled bacon and special burger sauce served on a milk bun with chips (6140kJ)



LET'S BE FRIENDS

find us on socials

@leafcafeco_westmead

MAINS

FISH & CHIPS

22

Crispy battered flathead fillets, chips, house salad, lemon and tartar sauce (3330kJ)

ROASTED CAULIFLOWER SALAD ^VVOR

22

Roasted cauliflower & broccolini, avocado, edamame, almond flakes, asparagus, poached egg, nori cracker, tahini hummus (1380kJ)

SPICY GARLIC PRAWNS

24

Sautéed prawns, chorizo in a creamy chilli & garlic sauce, served with toasted focaccia bread (4070kJ)

SPECIAL CHICKEN FRIED RICE

24

Brown rice, marinated chicken, seasonal veggies, shallots, chilli, furikake, Kewpie mayo, homemade special sauce (2371kJ)

GRILLED TERIYAKI SALMON SOBA NOODLE BOWL

26

Grilled teriyaki marinated salmon, soba noodles, avocado, carrot, chives, cucumber, chilli, edamame, roasted sesame, Japanese style dressing (3760kJ)

ROASTED PORK BELLY & DUCK RICE BOWL

27

Roasted pork belly, smoked duck breast, broccolini, asparagus, garlic, eschalots, chilli, brown rice, fried egg (2610kJ)

ROASTED CHERRY TOMATO & SPINACH PASTA ^V

24

Creamy corn puree, roasted cherry tomato, baby spinach, eschalots, chilli, garlic, parsley, spaghetti (1530kJ)
Add chicken (718kJ) +7

KID'S MENU

Kid's Brekkie

Scrambled egg, hash brown and toast (1590kJ) 12

Kid's Chicken Nuggets

With chips and tomato sauce (2650kJ) 12

Kid's Cheeseburger

Grilled beef patty, cheese, BBQ sauce and chips (4550kJ) 16

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DRINKS



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BREW BAR

COLD DRIP COFFEE

A slow, four to six hour extracted coffee. Sweet, liquor like flavour with low acidity. Sold in a bottle. Served on ice. (2kj) 7.5

ESPRESSO

Ristretto (2kj) 4.3
Short Black (2kj)
Long Black (4kj) 4.8
Macchiato (61kj) 4.8
Piccolo (197kj)
Flat White (451kj)
Latte (541kj)
Cappuccino (451kj)

SPECIALTY

Chai Latte (910kj) 5
Green Tea Latte (929kj)
Taro Latte (1470kj)
Red Velvet Latte (1530kj)

upsized +0.8

Babycino (133kj) 2

upsized +0.8

BELGIAN HOT CHOCOLATE / MOCHA

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

HOT CHOCOLATE 6.1
White (979kj)
Milk (1250kj)
Dark (1080kj)

MOCHA 6.1
White (937kj)
Milk (933kj)
Dark (924kj)

upsized +1.5

upsized +1.5

Decaf (2kj) / Extra Shot (2kj)	+0.6
Almond Milk (231kj) / Soy Milk (361kj) / Oat (413kj) / Lactose Free (534kj)	+0.8
FLAVOUR Caramel (270kj), Hazelnut (274kj), Vanilla (274kj), Mint (280kj)	+0.8

ORGANIC LOOSE LEAF TEA

Temperature controlled, brewed to perfection. 5.2

GOOD MORNING

Our luxurious take on English Breakfast Tea (2kj)

EARL GREY BLUEFLOWER

Ceylon Orange Pekoe Black Tea infused with bergamot (2kj)

GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kj)

SILVER JASMINE (ZHEJIANG)

Silver tipped Green Tea, infused with jasmine blossoms (2kj)

DOUBLE MINT

Mint & spearmint, lavender and fennel seeds to aid digestion (2kj)

LEMONGRASS GINGER

Lemongrass and ginger blend to restore minerals (2kj)

CHAMOMILE LAVENDER

A floral bouquet with sweet honey notes that soothe (2kj)

MASALA CHAI

Authentic Indian recipe of spices w/ Assam Tea base & honey (465kj)

CHILLED BAR

ICED ESPRESSO

Iced Long Black (4kj) 6.6
Iced Latte (1050kj) 6.6
Iced Coffee (1450kj) 7.6
Affogato (729kj) 7

BLENDED

Coffee (1700kj) 8.8
Chai Latte (910kj) 8.8
Green Tea Latte (908kj) 8.8
Taro Latte (1020kj) 8.8
Red Velvet Latte (1020kj) 8.8

BLENDED CHOCOLATE 10	BLENDED MOCHA 10
White (3020kj)	White (2110kj)
Milk (2957kj)	Milk (2100kj)
Dark (2900kj)	Dark (2080kj)

HANDCRAFTED SODA

New Zealand Golden Kiwi & Mint (860kj) 7
Lychee (712kj) 7
Cranberry & Lime (759kj) 7

KOMBUCHA & ORGANIC ICED TEA (350ml)

RUBY KOMBUCHA 7
Grapefruit and hibiscus (105kj)

ZEST KOMBUCHA 7
Lemon and chrysanthemum (105kj)

SUNNY MORNING 6.5
Ceylon Orange Pekoe Tea with fresh lemon juice & mint (428kj)

HIBISCUS DAWN 6.5
Liquid Turkish delight (307kj)

COLD PRESSED JUICE (350ml)

STRAIGHT OJ | Freshly pressed orange juice (420kj) 8
CLEAN & GREEN | Apple, pear, spinach & kale (581kj) 8

FRUITY SMOOTHIE

AÇAÍ ^{df} 9
Açaí, blueberry, blackberry, banana (1420kj)

PASSION TANGO ^{df} 9
Pineapple, passionfruit, banana & mango (1330 kj)

SUMMER SUNSET ^{df} 9
Pineapple, mango, strawberry & kiwi (1290kj)

MILKSHAKE

Chocolate (1690) / Vanilla (1540kj) / Salted Caramel (1470kj) / Strawberry (1550kj) / or Banana (1290kj) 7

WHEY Protein (502kj)	+2.5
Make it a THICKSHAKE (1290kj)	+2.5

^{df} dairy free

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