



TAKEAWAY MENU

TO ORDER, CALL: **9836 2834**

EGGS AS YOU LIKE 10
Served on sourdough toast (see extras)
 Poached (1540kj),
 Scrambled (2000kj),
 Fried (2090kj)

BREKKIE WRAP
 Bacon, scrambled eggs and hash brown,
 baby wild rocket, tomato relish, hollandaise sauce
 in spinach wrap (3370kj) 13

BREKKIE BURGER
 Bacon, fried egg, hash brown, smashed avocado, tomato, oak
 lettuce on milk bun with tomato relish or BBQ sauce (3140kj) 13
add cheese (+276kj) +1

OMELETTE ^{gfor}
 Served with rustic bread
 Classic ham, cheddar cheese and cherry tomato (2280kj) 17
add cheese (+276kj) +1 / avo (+994kj) +2

SMASHED AVO DELIGHT ^v
 Smashed avo, finger lime, heirloom cherry tomato salsa,
 green balsamic, poached egg, grilled halloumi cheese,
 with toasted sourdough(4160kj) 18
add extra egg (+345kj) +3

SMOKED SALMON BENNY
 Vegetable fritter, smashed avo, sweet corn salsa,
 poached eggs, pomegranate, hollandaise, soft herbs
 (3020kj)
Make it a bacon benny! Swap the salmon for bacon 18

GRILLED HALLOUMI STACK ^{v gfor}
 Spiced eggplant, heirloom tomato, kipfler potato, raisin,
 coriander, grilled halloumi, sautéed spinach, harissa,
 Spanish onion, poached egg on rustic bread (2420kj) 18

ALL THINGS GREEN ^{v gfor}
 Crispy brown rice, poached egg, avocado, edamame,
 broccolini, broccoli, furikake, sautéed kale
 with kombu sauce (2430kj) 18
add grilled chicken (+718kj) +5

BREAKFAST GNOCCHI
 House made potato gnocchi, roasted tomato, chorizo,
 shallot, chilli, parmesan snow, poached egg,
 crispy potato skin (3590kj) 19

LEAF BREKKIE ^v
 2 poached eggs, grilled halloumi, hash browns,
 sautéed kale, smashed avo, mushrooms, roasted tomato
 with toasted sourdough (3760kj) 22

BIG BREAKFAST
 Two eggs your way, chorizo, bacon, hash browns,
 smashed avo, mushrooms, roasted tomato
 with toasted sourdough (4440kj) 22

ROASTED PUMPKIN SALAD ^v
 Roasted pumpkin, baby wild rocket, pepita seeds,
 pomegranate, Spanish onion, sundried tomato,
 toasted pine nut, pesto dressing (1680kj) 16
add avo (994kj) +4 **add grilled chicken (718kj) +5**
add grilled halloumi (722kj) +5 **add smoked salmon (561kj) +5**

GRILLED CHICKEN PESTO WRAP
 Grilled chicken, English cheddar, sundried tomato,
 baby wild rocket, grilled mushroom, smashed avo,
 pesto mayo in spinach wrap (3820kj) 14

B.R.A.T ^{gfor}
 Bacon, baby wild rocket, smashed avo, tomato,
 house sweet chilli mayo on sourdough (3070kj) 14

VEGETARIAN SANDWICH ^v
 Grilled halloumi, spiced eggplant, baby wild rocket,
 heirloom tomato, coriander, raisin, Spanish onion,
 sourdough (2790kj) 14

WAGYU BEEF BURGER
 Baby wild rocket, tomato relish, bacon, cheddar cheese,
 chips, roasted garlic aioli (5940kj) 19
add extra wagyu patty (+2120kj) +5

HOT CHIPS
 Crunchy Potato Chips with Aioli (2560kj) 5
 Sweet Potato Chips with Aioli (1970kj) 7

KID'S MENU <i>Served with Kid's AJ (+420kj)</i>	
Kid's Ham & Cheese Toastie (1460kj)	10
Kid's Chicken Nuggets with chips, tomato sauce (2650kj)	10

Please notify staff of any food allergies.

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ

^v Vegetarian option ^{gf} Gluten free ^{gfor} Gluten free on request