



# MENU

 | CRANEBROOK

PLEASE ORDER AT THE COUNTER

## TOAST WITH BUTTER AND CONDIMENTS

- Sourdough (856kj) 5
  - Quinoa Soy Linseed (1419kj)
  - Fruit Loaf (944kj) 6
  - Gluten Free (856kj)
- with strawberry jam (+150kj) / peanut butter (+273kj) / vegemite (+35kj) (add extra condiment +0.5)

## TOASTIES

- Served on sourdough
- Cheese 6
- Ham and Cheese 7
- Ham Cheese and Tomato 8

**Make on a croissant +1**

## EGGS AS YOU LIKE 9.5

- Served on sourdough toast (see extras)
- Poached (1540kj) /
- Scrambled (2000kj) /
- Fried (2090kj)

## BACON & EGG BURGER 9

- With tomato relish or smokey BBQ sauce

## BREKKIE WRAP 13

- Bacon, scrambled eggs and hash brown, baby wild rocket, tomato relish, hollandaise sauce in spinach wrap (3370kj)

## B.R.A.T <sup>gfor</sup> 13

- Bacon, baby wild rocket, smashed avo, tomato, house sweet chilli mayo on sourdough (3070kj)
- add cheese (+276kj) +1 / avo (+994kj) +2**

## LEAF BREKKIE <sup>v</sup> 21

- 2 poached eggs, grilled halloumi, hash browns, sautéed kale, smashed avo, mushrooms, roasted tomato with toasted sourdough (3760kj)

## BIG BREAKFAST 22

- Two eggs your way, chorizo, bacon, hash browns, smashed avo, mushrooms, roasted tomato with toasted sourdough (4440kj)

<sup>v</sup> Vegetarian option   <sup>gf</sup> Gluten free   <sup>gfor</sup> Gluten free on request

PLEASE NOTIFY STAFF OF ANY FOOD ALLERGIES.

## ROASTED PUMPKIN SALAD <sup>v</sup> 16

- Roasted pumpkin, baby wild rocket, pepita seeds, pomegranate, Spanish onion, sundried tomato, toasted pine nut, pesto dressing (1680kj)
- add avo (994kj) +4   add smoked salmon (561kj) +5**
- add grilled halloumi (722kj) +5   add grilled chicken (718kj) +5**

## CHEESE MELT 11

- Served on rustic bread
- Mushroom & tomato <sup>v</sup> (1560kj)
- Ham & pineapple (1920kj)
- Chicken & avocado (2580kj)

## GRILLED CHICKEN PESTO WRAP 14

- Grilled chicken, English cheddar, sundried tomato, baby wild rocket, grilled mushroom, smashed avo, pesto mayo in spinach wrap (3820kj)

## CHICKEN KATSU (SCHNITZEL) 18

- 250g panko crumbed chicken breast with chips and creamy mushroom sauce (4810kj)

## FISH & CHIPS 11

- Served with tartare sauce

### KID'S MENU

Served with Kid's AJ (+420kj)

- Kids' Brekkie 10
- Scrambled egg, hash brown, with toast (1590kj)
- Kids' Chicken Nuggets 10
- with chips, tomato sauce (2650kj)

## EXTRAS

- Poached Egg (345kj) 3
- Hash-Brown (553kj),
- Roasted Tomato (86kj)
- Grilled Bacon (1310kj), 5
- Grilled Halloumi (722kj),
- Smoked Salmon (561kj)
- Sautéed Kale (67kj), 4
- Mushrooms (160kj),
- Avocado (994kj),
- Chorizo (784kj)
- Potato Chips with aioli (2560kj) 5
- Sweet Potato Chips with aioli (1970kj) 6

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ