

ALL DAY MENU

SEVEN HILLS

PLEASE ORDER AT THE COUNTER

TOAST WITH BUTTER AND CONDIMENTS

- Sourdough (856kj), 6
 Quinoa Soy Linseed (1419kj)
 Fruit Loaf (944kj), 7
 Gluten Free (856kj)
 with strawberry jam (+150kj) / peanut butter (+273kj) /
 vegemite (+35kj) (add extra condiment +0.5)

EGGS AS YOU LIKE

- Served on sourdough toast (see extras) 10
 Poached (1540kj),
 Scrambled (2000kj),
 Fried (2090kj)

BREKKIE WRAP

- Bacon, scrambled eggs and hash brown,
 baby wild rocket, tomato relish, hollandaise sauce
 in spinach wrap (3370kj) 13
add cheese (+276kj) +1 / avo (+994kj) +2

HOUSE BAKED GRANOLA BOWL

- Açaí berry compote, yogurt, seasonal berries,
 chia seeds, toasted coconut (3210kj) 16
add extra berries (+72kj) +4

SMASHED AVO DELIGHT

- Smashed avo, finger lime, heirloom cherry tomato salsa,
 green balsamic, poached egg, grilled halloumi cheese,
 with toasted sourdough (4160kj) 18
add extra egg (+345kj) +3

MUSHROOMS ON TOAST

- Shimeji, king brown & oyster mushrooms, spring onion,
 miso, smashed edamame, tempura enoki, poached egg,
 chilli, furikake, toasted rustic bread (2100kj) 18

SMOKED SALMON BENNY

- Vegetable fritter, smashed avo, sweet corn salsa,
 poached eggs, pomegranate, hollandaise, soft herbs
 (3020kj)
Make it a bacon benny! swap the salmon for bacon 18

GRILLED HALLOUMI STACK

- Spiced eggplant, heirloom tomato, kipfler potato, raisin,
 coriander, grilled halloumi, sautéed spinach, harissa,
 Spanish onion, poached egg on rustic bread (2420kj) 18

ALL THINGS GREEN

- v gfor**
 Crispy brown rice, poached egg, avocado, edamame,
 broccolini, broccoli, furikake, sautéed kale
 with kombu sauce (2430kj) 18
add grilled chicken (+718kj) +5

BREAKFAST GNOCCHI

- House made potato gnocchi, roasted tomato, chorizo,
 shallot, chilli, parmesan snow, poached egg,
 crispy potato skin (3590kj) 19

LEAF BREKKIE

- v**
 2 poached eggs, grilled halloumi, hash browns,
 sautéed kale, smashed avo, mushrooms, roasted tomato
 with toasted sourdough (3760kj) 22

BIG BREAKFAST

- Two eggs your way, chorizo, bacon, hash browns,
 smashed avo, mushrooms, roasted tomato
 with toasted sourdough (4440kj) 22

PANCAKE

- v**
 Seasonal berries, vanilla ice-cream, mixed caramelised nuts,
 toasted coconut, whipped vanilla ricotta
 and genuine maple syrup (3980kj) 18
add extra ice cream (+645kj) +3

BELGIAN WAFFLE

- v**
 Seasonal berries, Açaí berry compote, vanilla ice-cream,
 whipped vanilla ricotta, pistachio, Belgian chocolate sauce
 (3260kj) 18
add extra ice cream (+645kj) +3

EXTRAS

- | | | | |
|------------------------|---|---------------------------|---|
| Poached Egg (345kj), | 3 | Grilled Halloumi (722kj), | 5 |
| Hash-Brown (553kj), | | Grilled Bacon (1310kj), | |
| Roasted Tomato (86kj), | | Grilled Chicken (718kj), | |
| Ice Cream (645kj) | | Smoked Salmon (561kj) | |
| Sautéed Kale (67kj), | 4 | Potato Chips | 5 |
| Mushrooms (160kj), | | with aioli (2560kj) | |
| Avocado (994kj), | | Sweet Potato Chips | 7 |
| Chorizo (784kj) | | with aioli (1970kj) | |

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ

v Vegetarian option **gf** Gluten free **gfor** Gluten free on request

PLEASE NOTIFY STAFF OF ANY FOOD ALLERGIES.

ALL DAY MENU

SEVEN HILLS

PLEASE ORDER AT THE COUNTER

SALADS

ROASTED PUMPKIN SALAD ^v

Roasted pumpkin, baby wild rocket, pepita seeds, pomegranate, Spanish onion, sundried tomato, toasted pine nut, pesto dressing (1680kj) 16

add avo (994kj) +4 add grilled chicken (718kj) +5
add grilled halloumi (722kj) +5 add smoked salmon (561kj) +5

BURGERS & SANDWICHES

CHEESE MELT

Served on rustic bread
Mushroom & tomato ^v (1560kj) 12
Ham & pineapple (1920kj) 13
Chicken & avocado (2580kj) 14

GRILLED CHICKEN PESTO WRAP

Grilled chicken, English cheddar, sundried tomato, baby wild rocket, grilled mushroom, smashed avo, pesto mayo in spinach wrap (3820kj) 14

B.R.A.T ^{gfor}

Bacon, baby wild rocket, smashed avo, tomato, house sweet chilli mayo on sourdough (3070kj) 14

VEGETARIAN SANDWICH ^v

Grilled halloumi, spiced eggplant, baby wild rocket, heirloom tomato, coriander, raisin, Spanish onion, sourdough (2790kj) 14

MAINS

CHICKEN KATSU (SCHNITZEL)

250g panko crumbed chicken breast, cabbage slaw, chips and creamy mushroom sauce (4810kj) 18

KARAAGE CHICKEN WAFFLE

Waffle, cabbage slaw, bacon, fried egg, soft herbs, sriracha mayo, crushed berry, chilli infused maple (4670kj) 19

WAGYU BEEF BURGER

Baby wild rocket, tomato relish, bacon, cheddar cheese, chips, roasted garlic aioli (5940kj) 19
add extra wagyu patty (+2120kj) +5

KID'S MENU

Served with Kids' AJ (+420kj)

Kids' Ham & Cheese Toastie (1460kj) 10

Kids' Brekkie
Scrambled egg, hash brown, with toast (1590kj) 10

Kids' Chicken Nuggets
with chips, tomato sauce (2650kj) 10

Kids' Fish & Chips (2200kj) 10

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