



MENU



PLEASE ORDER AT THE COUNTER

TOAST WITH BUTTER AND CONDIMENTS

- Sourdough (856kj), 6
- Quinoa Soy Linseed (1419kj)
- Fruit Loaf (944kj), 7
- Gluten Free (856kj)
- with strawberry jam (+150kj) / peanut butter (+273kj) / vegemite (+35kj) (add extra condiment +0.5)

TOASTIES

- Cheese & Tomato (1830kj) 7
- Ham & Cheese (2010kj) 9
- Ham, Cheese & Tomato (2060kj) 10
- Chicken & Avo (3110kj) 12

EGGS AS YOU LIKE 10

- Served on sourdough toast (see extras)
- Poached (1540kj),
- Scrambled (2000kj),
- Fried (2090kj)

HOUSE BAKED GRANOLA BOWL v 16

- Açaí berry compote, yogurt, seasonal berries, chia seeds, toasted coconut (3210kj)
- add extra berries (+72kj) +4**

BREKKIE WRAP 13

- Bacon, scrambled eggs and hash brown, baby wild rocket, tomato relish, hollandaise sauce in spinach wrap (3370kj)
- add cheese (+276kj) +1 / avo (+994kj) +2**

SMASHED AVO DELIGHT v 18

- Smashed avo, finger lime, heirloom cherry tomato salsa, green balsamic, poached egg, grilled halloumi cheese, with toasted sourdough(4160kj)
- add extra egg (+345kj) +3**

MUSHROOMS ON TOAST v 18

- Shimeji, king brown & oyster mushrooms, spring onion, miso, smashed edamame, tempura enoki, poached egg, chilli, furikake, toasted rustic bread (2100kj)

SMOKED SALMON BENNY 18

- Vegetable fritter, smashed avo, sweet corn salsa, poached eggs, pomegranate, hollandaise, soft herbs (3020kj)
- Make it a bacon benny! swap the salmon for bacon**

GRILLED HALLOUMI STACK v gfor 18

- Spiced eggplant, heirloom tomato, kipfler potato, raisin, coriander, grilled halloumi, sautéed spinach, harissa, Spanish onion, poached egg on rustic bread (2420kj)

ALL THINGS GREEN v gfor 18

- Crispy brown rice, poached egg, avocado, edamame, broccolini, broccoli, furikake, sautéed kale with kombu sauce (2430kj)
- add grilled chicken (+718kj) +5**

BREAKFAST GNOCCHI 18

- House made potato gnocchi, roasted tomato, chorizo, shallot, chilli, parmesan snow, poached egg, crispy potato skin (3590kj)

LEAF BREKKIE v 22

- 2 poached eggs, grilled halloumi, hash browns, sautéed kale, smashed avo, mushrooms, roasted tomato with toasted sourdough (3760kj)

BIG BREAKFAST 22

- Two eggs your way, chorizo, bacon, hash browns, smashed avo, mushrooms, roasted tomato with toasted sourdough (4440kj)

PANCAKE v 18

- Seasonal berries, vanilla ice-cream, mixed caramelised nuts, toasted coconut, whipped vanilla ricotta and genuine maple syrup (3980kj)
- add extra ice cream (+645kj) +3**

EXTRAS

- | | |
|------------------------|-----------------------------|
| Poached Egg (345kj), 3 | Grilled Halloumi (722kj), 5 |
| Hash-Brown (553kj), | Grilled Bacon (1310kj), |
| Roasted Tomato (86kj), | Smoked Salmon (561kj), |
| Ice Cream (645kj) | Grilled Chicken (718kj) |
| Sautéed Kale (67kj), 4 | Potato Chips 5 |
| Mushrooms (160kj), | with aioli (2560kj) |
| Avocado (994kj), | |
| Chorizo (784kj) | Sweet Potato Chips 7 |
| | with aioli (1970kj) |

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ

v Vegetarian option gf Gluten free gfor Gluten free on request



MENU



TOP RYDE

PLEASE ORDER AT THE COUNTER

SALADS

ROASTED PUMPKIN SALAD ^v

Roasted pumpkin, baby wild rocket, pepita seeds, pomegranate, Spanish onion, sundried tomato, toasted pine nut, pesto dressing (1680kj) 16

add avo (994kj) **+4** **add smoked salmon** (561kj) **+5**
add grilled halloumi (722kj) **+5** **add grilled chicken** (718kj) **+5**

BURGERS & SANDWICHES

GRILLED CHICKEN PESTO WRAP

Grilled chicken, English cheddar, sundried tomato, baby wild rocket, grilled mushroom, smashed avo, pesto mayo in spinach wrap (3820kj) 14

B.R.A.T ^{gfor}

Bacon, baby wild rocket, smashed avo, tomato, house sweet chilli mayo on sourdough (3070kj) 14

WAGYU BEEF BURGER

Baby wild rocket, tomato relish, bacon, cheddar cheese, chips, roasted garlic aioli (5940kj) 19

add extra wagyu patty (+2120kj) **+5**

MAINS

CHICKEN KATSU (SCHNITZEL)

250g panko crumbed chicken breast, cabbage slaw, chips and creamy mushroom sauce (4810kj) 18

KARAAGE CHICKEN WAFFLE

Waffle, cabbage slaw, bacon, fried egg, soft herbs, sriracha mayo, crushed berry, chilli infused maple (4670kj) 19

KID'S MENU

Served with Kid's AJ (+420kj)

Kid's Brekkie 10
Scrambled egg, hash brown, with toast (1590kj)

Kids' Ham & Cheese Toastie (1460kj) 10

Kids' Chicken Nuggets 10
with chips, tomato sauce (2650kj)

Kids' Pikelets 10
with seasonal fruits and ice cream (2160kj)

PLEASE NOTIFY STAFF OF ANY FOOD ALLERGIES.

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