

ALL DAY MENU

 | ROUSE HILL

PLEASE ORDER AT THE COUNTER

TOAST WITH BUTTER AND CONDIMENTS

- Sourdough (856kj) 6
 Quinoa Soy Linseed (1419kj)
 Fruit Loaf (944kj) 7
 Gluten Free (856kj)
 with strawberry jam (+150kj) / peanut butter (+273kj) /
 vegemite (+35kj) (add extra condiment +0.5)

EGGS AS YOU LIKE 10

- Served on sourdough toast (see extras)
 Poached (1540kj), Scrambled (2000kj) or Fried (2090kj)

BREKKIE BURGER

- Bacon, fried egg, hash brown, smashed avocado,
 tomato, oak lettuce on milk bun
 with choice of tomato relish or BBQ sauce (3140kj) 13
add cheese (+276kj) +1

BREKKIE WRAP

- Bacon, scrambled eggs and hash brown,
 baby wild rocket, tomato relish, hollandaise sauce
 in spinach wrap (3370kj) 13
add cheese (+276kj) +1 / avo (+994kj) +2

HOUSE BAKED GRANOLA BOWL v

- Açaí berry compote, yogurt, seasonal berries,
 chia seeds, toasted coconut (3210kj) 16
add extra berries (+72kj) +4

OMELETTE gfor

- Served with rustic bread
 Mushroom, spinach and fetta v (1840kj) 16
 Classic ham, cheddar cheese and cherry tomato (2280kj) 17
 Smoked salmon, corn, fetta and chives (3150kj) 17

SMASHED AVO DELIGHT v

- Smashed avo, finger lime, heirloom cherry tomato salsa,
 green balsamic, poached egg, grilled halloumi cheese,
 with toasted sourdough (4160kj) 18
add extra egg (+345kj) +3

MUSHROOMS ON TOAST v

- Shimeji, king brown & oyster mushrooms, spring onion,
 miso, smashed edamame, tempura enoki, poached egg,
 chilli, furikake, toasted rustic bread (2100kj) 18

SMOKED SALMON BENNY

- Vegetable fritter, smashed avo, sweet corn salsa,
 poached eggs, pomegranate, hollandaise, soft herbs
 (3020kj)
Make it a bacon benney! swap the salmon for bacon 18

GRILLED HALLOUMI STACK v gfor

- Spiced eggplant, heirloom tomato, kipfler potato, raisin,
 coriander, grilled halloumi, sautéed spinach, harissa,
 Spanish onion, poached egg on rustic bread (2420kj) 18

ALL THINGS GREEN v gfor

- Crispy brown rice, poached egg, avocado, edamame,
 broccolini, broccoli, furikake, sautéed kale
 with kombu sauce (2430kj) 18
add grilled chicken (+718kj) +5

BREAKFAST GNOCCHI

- House made potato gnocchi, roasted tomato, chorizo,
 shallot, chilli, parmesan snow, poached egg,
 crispy potato skin (3590kj) 19

LEAF BREKKIE v

- 2 poached eggs, grilled halloumi, hash browns,
 sautéed kale, smashed avo, mushrooms, roasted tomato
 with toasted sourdough (3760kj) 22

BIG BREAKFAST

- Two eggs your way, chorizo, bacon, hash browns,
 smashed avo, mushrooms, roasted tomato
 with toasted sourdough (4440kj) 22

BELGIAN WAFFLE v

- Seasonal berries, Açaí berry compote, vanilla ice-cream,
 whipped vanilla ricotta, pistachio, Belgian chocolate sauce
 (3260kj) 18
add extra ice cream (+645kj) +3

PANCAKE v

- Seasonal berries, vanilla ice-cream, mixed caramelised nuts,
 toasted coconut, whipped vanilla ricotta
 and genuine maple syrup (3980kj) 18
add extra ice cream (+645kj) +3

FRENCH TOAST v

- Espresso, whipped matcha ricotta, black sesame maple,
 salted pistachios, seasonal berries (3180kj) 18
add extra ice cream (+645kj) +3

EXTRAS

- | | | | |
|------------------------|---|---------------------------|---|
| Poached Egg (345kj), | 3 | Grilled Halloumi (722kj), | 5 |
| Hash-Brown (553kj), | | Grilled Bacon (1310kj), | |
| Roasted Tomato (86kj), | | Grilled Chicken (718kj), | |
| Ice Cream (645kj) | | Smoked Salmon (561kj) | |
| | | | |
| Sautéed Kale (67kj), | 4 | Potato Chips | 5 |
| Mushrooms (160kj), | | with aioli (2560kj) | |
| Avocado (994kj), | | | |
| Chorizo (784kj) | | Sweet Potato Chips | 7 |
| | | with aioli (1970kj) | |

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ

v Vegetarian option gf Gluten free gfor Gluten free on request



MENU

ROUSE HILL

PLEASE ORDER AT THE COUNTER

SALADS

ROASTED PUMPKIN SALAD ^v

Roasted pumpkin, baby wild rocket, pepita seeds, pomegranate, Spanish onion, sundried tomato, toasted pine nut, pesto dressing (1680kj) 16

add avo (994kj) +4 add grilled chicken (718kj) +5
add grilled halloumi (722kj)+5 add smoked salmon (561kj)+5

GRILLED HALLOUMI SALAD ^v

Grilled halloumi, cabbage, carrot, edamame, roasted pumpkin, mint, coriander, chilli, tahini dressing (2010kj) 18

VEGAN BOWL ^{v gf}

House baked corn falafel, pistachio nutty hummus, pickled daikon, roasted pumpkin, edamame, roasted broccoli, tahini dressing (3470kj) 18

CHICKEN & EGGPLANT SALAD

Spiced eggplant, sweet corn, red onion, kipfler potato, crispy quinoa, harissa, soft boiled eggs, fine herbs, crispy sweet potato (2710kj) 18

BURGERS & SANDWICHES

CHEESE MELT

Served on rustic bread
Mushroom & tomato ^v (1560kj) 12
Ham & pineapple (1920kj) 13
Chicken & avocado (2580kj) 14

GRILLED CHICKEN PESTO WRAP

Grilled chicken, English cheddar, sundried tomato, baby wild rocket, grilled mushroom, smashed avo, pesto mayo in spinach wrap (3820kj) 14

B.R.A.T ^{gfor}

Bacon, baby wild rocket, smashed avo, tomato, house sweet chilli mayo on sourdough (3070kj) 14

VEGETARIAN SANDWICH ^v

Grilled halloumi, spiced eggplant, baby wild rocket, heirloom tomato, coriander, raisin, Spanish onion, sourdough (2790kj) 14

CHICKEN KATSU (SCHNITZEL) SANDO

Panko crumbed chicken breast, cabbage slaw, Japanese BBQ sauce, kewpie, chives, milk loaf bread, chips (4810kj) 18

CHICKEN KARAAGE BURGER

Cabbage slaw, sriracha furikake mayo on milk bun, chips (5950kj) 18

WAGYU BEEF BURGER

Baby wild rocket, tomato relish, bacon, cheddar cheese, chips, roasted garlic aioli (5940kj) 19
add extra wagyu patty (+2120kj) +5

MAINS

CHICKEN KATSU (SCHNITZEL)

250g panko crumbed chicken breast, cabbage slaw, chips and creamy mushroom sauce (4810kj) 18

KARAAGE CHICKEN WAFFLE

Waffle, cabbage slaw, bacon, fried egg, soft herbs, sriracha mayo, crushed berry, chilli infused maple (4670kj) 19

GRILLED SALMON ^{gfor}

Smashed edamame, grilled broccolini, charred lemon, ponzu beurre blanc (2720kj) 22

KID'S MENU

Served with Kid's AJ (+420kj)

Kid's Brekkie	10
Scrambled egg, hash brown, with toast (1590kj)	
Kids' Ham & Cheese Toastie (1460kj)	10
Kid's Cheese Burger	14
with wagyu beef, cheese, BBQ sauce, chips (3960kj)	
Kids' Chicken Nuggets	10
with chips, tomato sauce (2650kj)	
Kids' Pikelets	10
with seasonal fruits and ice cream (2160kj)	

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PLEASE NOTIFY STAFF OF ANY FOOD ALLERGIES.