



BREKKIE



MACARTHUR SQUARE

PLEASE ORDER AT THE COUNTER

TOAST WITH BUTTER AND CONDIMENTS

- Sourdough (856kj), 6
- Quinoa Soy Linseed (1419kj)
- Fruit Loaf (944kj), 7
- Gluten Free (856kj)
- with strawberry jam (+150kj) / peanut butter (+273kj) / vegemite (+35kj) (add extra condiment +0.5)

EGGS AS YOU LIKE 10

- Served on sourdough toast (see extras)
- Poached (1540kj),
- Scrambled (2000kj),
- Fried (2090kj)

BREKKIE WRAP

- Bacon, scrambled eggs and hash brown, baby wild rocket, tomato relish, hollandaise sauce in spinach wrap (3370kj) 13
- add cheese (+276kj) +1 / avo (+994kj) +2**

EGGS & CHORIZO SANDO

- Scrambled eggs, grilled chorizo, curry, mayo, chives, milk loaf bread (3280kj) 14

HOUSE BAKED GRANOLA BOWL v

- Açaí berry compote, yogurt, seasonal berries, chia seeds, toasted coconut (3210kj) 16
- add extra berries (+72kj) +4**

OMELETTE gfor

- Served with rustic bread
- Mushroom, spinach and fetta v(1840kj) 16
- Classic ham, cheddar cheese and cherry tomato (2280kj) 17
- Smoked salmon, corn, fetta and chives (3150kj) 17

PUMPKIN BRUSCHETTA v

- Roasted pumpkin, whipped goat cheese, soft boiled eggs, pomegranate, house dukkah, soft herbs on sourdough toast (2000kj) 18

SMASHED AVO DELIGHT v

- Smashed avo, finger lime, heirloom cherry tomato salsa, green balsamic, poached egg, grilled halloumi cheese, with toasted sourdough (4160kj) 18
- add extra egg (+345) +3**

LEAF BREKKIE v

- 2 poached eggs, grilled halloumi, hash browns, sautéed kale, smashed avo, mushrooms, roasted tomato with toasted sourdough (3760kj) 22

BIG BREAKFAST

- Two eggs your way, chorizo, bacon, hash browns, smashed avo, mushrooms, roasted tomato with toasted sourdough (4440kj) 22

BREAKFAST GNOCCHI

- House made potato gnocchi, roasted tomato, chorizo, shallot, chilli, parmesan snow, poached egg, crispy potato skin (3590kj) 19

MUSHROOMS ON TOAST v

- Shimeji, king brown & oyster mushrooms, spring onion, miso, smashed edamame, tempura enoki, poached egg, chilli, furikake, toasted rustic bread (2100kj) 18

SMOKED SALMON BENNY

- Vegetable fritter, smashed avo, sweet corn salsa, poached eggs, pomegranate, hollandaise, soft herbs (3020kj)
- Make it a bacon benny! swap the salmon for bacon** 18

GRILLED HALLOUMI STACK v gfor

- Spiced eggplant, heirloom tomato, kipfler potato, raisin, coriander, grilled halloumi, sautéed spinach, harissa, Spanish onion, poached egg on rustic bread (2420kj) 18

ALL THINGS GREEN v gfor

- Crispy brown rice, poached egg, avocado, edamame, broccolini, broccoli, furikake, sautéed kale with kombu sauce (2430kj) 18
- add grilled chicken (+718kj) +5**

FRENCH TOAST v

- Espresso, whipped matcha ricotta, black sesame maple, salted pistachios, seasonal berries (3180kj) 18
- add ice cream (+645kj) +3**

BELGIAN WAFFLE v

- Seasonal berries, Açaí berry compote, vanilla ice-cream, whipped vanilla ricotta, pistachio, Belgian chocolate sauce (3260kj) 18
- add extra ice cream (+645kj) +3**

PANCAKE v

- Seasonal berries, vanilla ice-cream, mixed caramelised nuts, toasted coconut, whipped vanilla ricotta and genuine maple syrup (3980kj) 18
- add extra ice cream (+645kj) +3**

EXTRAS

- | | | | |
|------------------------|---|---------------------------|---|
| Poached Egg (345kj), | 3 | Grilled Halloumi (722kj), | 5 |
| Hash-Brown (553kj), | | Grilled Bacon (1310kj), | 5 |
| Roasted Tomato (86kj), | | Smoked Salmon (561kj), | |
| Ice Cream (645kj) | | Grilled Chicken (718kj) | |
| | | | |
| Sautéed Kale (67kj), | 4 | Potato Chips | 5 |
| Mushrooms (160kj), | | with aioli (2560kj) | |
| Avocado (994kj), | | | |
| Chorizo (784kj) | | Sweet Potato Chips | 7 |
| | | with aioli (1970kj) | |

v Vegetarian option gfor Gluten free gfor Gluten free on request

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ

FROM
11 AM

LUNCH



MACARTHUR SQUARE

PLEASE ORDER AT THE COUNTER

SALADS

ROASTED PUMPKIN SALAD ^v

Roasted pumpkin, baby wild rocket, pepita seeds, pomegranate, Spanish onion, sundried tomato, toasted pine nut, pesto dressing (1680kj) 16
add avo (994kj) **+4** **add grilled chicken** (2120kj) **+5**
add grilled halloumi (722kj) **+5** **add smoked salmon** (561kj) **+5**

GRILLED HALLOUMI SALAD ^v

Grilled halloumi, cabbage, carrot, edamame, roasted pumpkin, mint, coriander, chilli, tahini dressing (2070kj) 18

VEGAN BOWL ^{v gf}

House baked corn falafel, pistachio nutty hummus, pickled daikon, roasted pumpkin, edamame, roasted broccoli, tahini dressing (3470kj) 18

PAN-ROASTED PRAWN SALAD ^{gfor}

Spiced eggplant, cherry tomato, red onion, kipfler potato, crispy quinoa, harissa, soft boiled eggs, finger lime, fine herbs, crispy sweet potato (2520kj) 20

BURGERS & SANDWICHES

CHEESE MELT

Served on rustic bread

Mushroom & tomato ^v (1560kj) 12
 Ham & pineapple (1920kj) 13
 Chicken & avocado (2580kj) 14

GRILLED CHICKEN PESTO WRAP

Grilled chicken, English cheddar, sundried tomato, baby wild rocket, grilled mushroom, smashed avo, pesto mayo in spinach wrap (3820kj) 14

B.R.A.T ^{gfor}

Bacon, baby wild rocket, smashed avo, tomato, house sweet chilli mayo on sourdough (3070kj) 14

VEGETARIAN SANDWICH ^v

Grilled halloumi, spiced eggplant, baby wild rocket, heirloom tomato, coriander, raisin, Spanish onion, sourdough (2790kj) 14

CHICKEN KATSU SANDO

Panko crumbed chicken breast, cabbage slaw, Japanese BBQ sauce, kewpie, chives, milk loaf bread, chips (4760kj) 18

CHICKEN KARAAGE BURGER

Cabbage slaw, sriracha furikake mayo on milk bun, chips (5950kj) 18

WAGYU BEEF BURGER

Baby wild rocket, tomato relish, bacon, cheddar cheese, chips, roasted garlic aioli (5940kj) 19
add extra wagyu patty (+2120kj) **+5**

MAINS

CHICKEN KATSU (SCHNITZEL)

250g panko crumbed chicken breast, cabbage slaw, chips and creamy mushroom sauce (4870kj) 18

KARAAGE CHICKEN WAFFLE

Waffle, cabbage slaw, bacon, fried egg, soft herbs, sriracha mayo, crushed berry, chilli infused maple (4670kj) 19

FISH & CHIPS

Crispy battered Hoki fillets, chips and tartare sauce (14000kj) 18

OVEN BAKED BARRAMUNDI

Cherry tomato salsa, basil, macadamia & herb crumb, roasted broccolini, brown rice (2340kj) 24

GRILLED SALMON ^{gfor}

Smashed edamame, grilled broccolini, charred lemon, ponzu beurre blanc (2720kj) 22

PAN-SEARED GNOCCHI

Chorizo, mixed asian mushrooms, miso, shallot, tempura enoki mushroom, parmesan snow (3650kj) 22

KID'S MENU

Served with Kid's AJ (+420kj)

Kid's Brekkie
 Scrambled egg, hash brown, with toast (1590kj) 10
 Kids' Fish & Chips (2200kj) 10
 Kid's Cheese Burger
 with wagyu beef, cheese, BBQ sauce, chips (3960kj) 14
 Kids' Chicken Nuggets
 with chips, tomato sauce (2650kj) 10
 Kids' Pikelets
 with seasonal fruits and ice cream (2160kj) 10

PLEASE NOTIFY STAFF OF ANY FOOD ALLERGIES.

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