



PLEASE ORDER AT THE COUNTER

TOASTIES		MUSHROOMS ON TOAST V	
Cheese & Tomato (1830kj)	8	Shimeji, king brown & oyster mushrooms, spring onion,	
Ham & Cheese (2010kj)	9	miso, smashed edamame, tempura enoki, poached egg,	
Ham, Cheese & Tomato (2060kj)	10	chilli, furikake, toasted rustic bread (<i>2100kj</i>) 18	
Chicken & Avo (<i>3110kj</i>)	12		
		SMOKED SALMON BENNY	
EGGS AS YOU LIKE	10	Vegetable fritter, smashed avo, sweet corn salsa,	
Served on sourdough toast (see extras)		poached eggs, pomegranate, hollandaise, soft herbs	
Poached (1540kj),		(3020kj)	
Scrambled (2000kj),		Make it a bacon benny! swap the salmon for bacon 18	
Fried (2090kj)			
		GRILLED HALLOUMI STACK	V gfor
CHEESE MELT		Spiced eggplant, heirloom tomato, kipfler potato, raisin,	
Served on rustic bread		coriander, grilled halloumi, sautéed	
Mushroom & tomato v (1560kj)	13	Spanish onion, poached egg on rustic bread (2420kj) 18	
Ham & pineapple (1920kj)	13		
Chicken & avocado (2580kj)			
, , , , , , , , , , , , , , , , , , , ,		ALL THINGS GREEN V gfor	
		Crispy brown rice, poached egg, avocado, edamame,	
HOUSE BAKED GRANOLA BOWL V		broccolini, broccoli, furikake, sautéed kale	
Açaí berry compote, yogurt, seasonal berries,		with kombu sauce (2430kj) 18	
chia seeds, toasted coconut (3210kj)	16	add grilled chicken (+718kj) +5	
OMELETTE gfor		LEAF BREKKIE V	
Served with rustic bread		2 poached eggs, grilled halloumi, hash browns,	
Mushroom, spinach and fetta v (1840kj)	17	sautéed kale, smashed avo, mushrooms, roasted tomato	
Classic ham, cheddar cheese and cherry tomato (2280kj)	17	with toasted sourdough $(3760kj)$ 22	
Smoked salmon, corn, fetta and chives (3150kj)		<i>5</i> , <i>n</i>	
		BIG BREAKFAST	
BREKKIE WRAP		Two eggs your way, chorizo, bacon, hash browns,	
Bacon, scrambled eggs and hash brown,		smashed avo, mushrooms, roasted tomato	
baby wild rocket, tomato relish, hollandaise sauce		with toasted sourdough (4440kj) 22	
in spinach wrap (3370kj)	14		
add cheese (+276kj) +1 / avo (+994kj) +2		PANCAKE V Seasonal berries, vanilla ice-cream, mixed caramelised nuts	
Smashed avo, finger lime, heirloom cherry tomato salsa		and genuine maple syrup (3980kj) 18	
green balsamic, poached egg, grilled halloumi cheese,	,	add extra ice cream (+645kj) +3	
with toasted sourdough $(4160kj)$	18	Constitution of the second of	
add extra egg $(+345kj)$ +3	10		
ddd exifd egg (+545K/) +3		EXTRAS	
BREAKFAST GNOCCHI		Poached Egg <i>(345kj),</i> 3 Grill	led Halloumi (722kj), 5
House made potato gnocchi, roasted tomato, chorizo,		Hash-Brown <i>(553kj),</i> Grill	ed Bacon <i>(1310kj),</i>
		1 1 1	ed Chicken (718kj)
shallot, chilli, parmesan snow, poached egg, crispy potato skin (3590kj)	19	Ice Cream (645kj) Smo	oked Salmon (561kj) – 6
. , , ,		Sautéed Kale (67ki), 4	·
		Mushrooms (160kj), Poto	ato Chips (2384kj) 6
		Avocado (994kj), Swe	et Potato Chips 7
		(horizo (/8/l/l)	aioli (1970kj)

PLEASE NOTIFY STAFF OF ANY FOOD ALLERGIES.



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SALADS

ROASTED PUMPKIN SALAD V

Roasted pumpkin, baby wild rocket, pepita seeds, pomegranate, Spanish onion, sundried tomato, toasted pine nut, pesto dressing (1680kj)

add avo (994kj) +4 add grilled chicken (718kj) +5 add grilled halloumi (722kj) +5 add smoked salmon (561kj) +6

VEGAN BOWL V gf

House baked corn falafel, pistachio nutty hummus, pickled daikon, roasted pumpkin, edamame, roasted broccoli, tahini dressing (3470kj)

SMOKED SALMON & QUINOA SALAD

Avocado, baby spinach, rocket, tomato, onion, orange, smoked salmon, cucumber, fried capers, honey mustard dressing (1630kj)

MAINS

16

18

19

14

CHICKEN KATSU (SCHNITZEL)

250g panko crumbed chicken breast, cabbage slaw, chips and creamy mushroom sauce (4810kj)

KARAAGE CHICKEN WAFFLE

Waffle, cabbage slaw, bacon, fried egg, soft herbs, sriracha mayo, crushed berry, chilli infused maple (4670kj)

19

10

18

WAGYU BEEF BURGER

Baby wild rocket, tomato relish, bacon, cheddar cheese, chips, roasted garlic aioli (5940kj) 20

BURGERS & SANDWICHES

GRILLED CHICKEN PESTO WRAP

Grilled chicken, English cheddar, sundried tomato, baby wild rocket, grilled mushroom, smashed avo, pesto mayo in spinach wrap (3820kj)

B.R.A.T gfor

Bacon, baby wild rocket, smashed avo, tomato, house sweet chilli mayo on sourdough (3070kj) 14

VEGETARIAN SANDWICH V

Grilled halloumi, spiced eggplant, baby wild rocket, heirloom tomato, coriander, raisin, Spanish onion, sourdough (2790kj)

CHICKEN KARAAGE BURGER

Cabbage slaw, sriracha furikake mayo on milk bun, chips (5950kj) 18

KID'S MENU

Served with Kid's AJ (+420kj)

Kid's Brekkie 10 Scrambled egg, hash brown, with toast (1590ki)

Kids' Ham & Cheese Toastie (1460kj) 10

Kids' Fried Chicken 12 with cabbage slaw, chips, tomato sauce (3740kj)

Kid's Waffle with ice cream, chocolate sauce, strawberries (2780kj)

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