

BREAKFAST

TOAST WITH BUTTER AND CONDIMENTS

Sourdough / Quinoa Soy Linseed / Fruit Loaf / Gluten Free

with strawberry jam / peanut butter / vegemite

(add extra condiment +0.5c)

TOASTIES

Cheese & Tomato	7
Ham & Cheese	9
Ham, Cheese & Tomato	10
Chicken & Avo	12
(make it fancy! swap the milk bread for croissant +1)	

EGGS AS YOU LIKE

Poached / Scrambled / Fried	
on sourdough toast (see extras)	10

HOUSE BAKED GRANOLA BOWL $^{\rm v}$

Açaí berry compote, yogurt, seasonal berries,	
chia seed, toasted coconut	16
(add extra berries +4)	

BREKKIE WRAP

Bacon, scrambled eggs and hash brown, baby wild rock	et,
tomato relish, hollandaise sauce in spinach wrap	13

(add cheese +1 / avo +2)

EGGS & CHORIZO SANDO

Curry scrambled eggs, grilled chorizo, pickles, chives, milk loaf bread 14

PUMPKIN BRUSCHETTA^V

Smashed pumpkin, whipped goat cheese,	
soft boiled eggs, pomegranate, house dukkah,	
soft herbs on sourdough toast	18

SMASHED AVO DELIGHT V

Smashed avo, finger lime, heirloom cherry tomato salsc	1,
green balsamic, poached egg, grilled haloumi cheese,	
with toasted sourdough	18

(add extra egg +3)

LEAF BREKKIE

6

2 poached eggs, grilled haloumi, hash browns, sautéed kale, smashed avo, mushroom with toasted sourdough 22

BIG BREAKFAST

BREAKFAST GNOCCHI	
Two eggs your way, chorizo, bacon, hash browns, smashed avo, mushrooms, with toasted sourdouah	22

House made potato gnocchi, roasted tomato, chorizo, shallot, chili, parmesan snow, poached egg, crispy potato skin 19

PRAWN & CHORIZO OMELETTE gfor

Tomato & chilli relish, roasted tomato, peas, mozzarella cheese, chives, crispy kumara, soft herbs, furikake 20

MISO MUSHIES^V

Crispy brown rice, spring onion, shimeji, enoki, oyster mushroom, edamame, tempura enoki, poached egg, chili, furikake

18

18

18

SMOKED SALMON BENNY

Vegetable fritter, smashed avo, sweet corn salsa, poached eggs, pomegranate, hollandaise, soft herbs 18

(make it a bacon benny! swap the salmon for bacon)

GRILLED HALLOUMI STACK V gfor

Spiced eggplant, heirloom tomato, kipfler potato, raisin, coriander, grilled haloumi, sautéed spinach, harissa, poached egg, sourdough

ALL THINGS GREEN V gfor

Crispy brown rice, poached egg, avocado, edamame, broccolini, broccoli, furikake, sautéed kale with kombu sauce

(add grilled chicken +5)

EXTRAS

Poached Egg / Hash-Brown Sautéed Kale /	3	Grilled Bacon / Grilled Haloumi / Smoked Salmon	5
Mushrooms / Avocado		Potato Chips with aioli	5
/ Chorizo	4	Sweet Potato Chips with aioli	7



SALADS

VEGAN BOWL^v gf

House baked corn falafel, pistachio nutty hummus, pickled daikon, roasted pumpkin, edamame, roasted broccoli, tahini dressing

ROASTED PUMPKIN SALAD V

Roasted pumpkin, pepita seeds, pomegranate, spanish onion, sundried tomato, toasted pinenut pesto dressing

(add extra avo +4 or grilled halloumi / smoked salmon / grilled chicken +5)

BURGERS & SANDWICHES

GRILLED CHICKEN PESTO WRAP

Grilled chicken, English cheddar, sundried tomato, baby wild rocket, grilled mushroom, smashed avo, pesto mayo in spinach wrap	14
B.R.A.T ^{gfor} Bacon, baby wild rocket, smashed avo, tomato, house sweet chilli mayo on sourdough	14
VEGETARIAN SANDWICH • Grilled halloumi, spiced eggplant, baby wild rocket, heirloom tomato, sourdough	14
WAGYU BEEF BURGER Baby wild rocket, tomato relish, bacon, cheddar cheese, chips, roasted garlic aioli (add wagyu patty +5)	19
CHICKEN KARAAGE BURGER Green apple & cabbage slaw, sriracha furikake mayo on milk bun with chips	18

I TOP RYDE PLEASE ORDER AT THE COUNTER

MAINS

18

16

CHICKEN KATSU (SCHNITZEL)

250g panko crumbed chicken breast, green apple & cabbage slaw, with chips and creamy mushroom sauce 18

KARAAGE CHICKEN WAFFLE

Waffle, green apple & cabbage slaw, bacon, corn flake, chili, crushed berry, espresso salted caramel 19

SALMON WELLINGTON

Salmon, shemiji mushroom, edamame, broccolini, charred lemon, ponzu beurre blanc 24

SOMETHING SWEET

FRENCH TOAST^v

Espresso, whipped matcha ricotta, black sesame	
caramel, salted pistachios, seasonal berry	18
(add extra ice cream +3)	

PANCAKE V

Seasonal berries, vanilla ice-cream, mixed caramelised nuts, toasted coconut, whipped vanilla ricotta and genuine maple syrup (add extra ice cream +3)

18

KIDS' MENU (Served with Kids' AJ)	
Kids' Brekkie (Scrambled egg, hash brown, with toast)	10
Kids' Ham & cheese toastie	9
Kids' Chicken nugget & chips	10
Kids' Pikelets with seasonal fruits and ice cream	10