



MENU



THE PONDS

PLEASE ORDER AT THE COUNTER

TWO EGGS MY WAY ^{gfor}

With toasted sourdough 9

OMELETTE ^{v gfor}

Served with rustic loaf

Classic ham, tasty cheese and tomato 16

Mushroom, spinach and Persian fetta 16

Smoked salmon, chives and avocado 17

AÇAÍ SUPER BOWL ^v

Granola, chia seed, goji berry, blueberry, strawberry, banana, coconut & almond flake and honey 17

BREKKIE BURGER

Bacon, fried egg, hash brown, smashed avocado, tomato, oak lettuce on milk bun with choice of tomato relish or BBQ sauce (add cheese +1) 13

BREAKFAST WRAP

Bacon, scrambled eggs and hash brown with tomato relish and hollandaise sauce on spinach wrap 13

CRUSHED AVOCADO ^{v gfor}

Two poached eggs, smashed avocado, vine truss tomato, haloumi, pink sea salt flakes on sourdough (add bacon +4) 17

SMOKED SALMON BRUSCHETTA

Smoked salmon, cherry tomatoes, Spanish onion, basil pesto, baby leaf, fetta, ricotta and honey on rustic loaf 16

ROSTI BENEDICT

Smashed avocado, quinoa, poached egg, hollandaise sauce with smoked salmon, bacon or ham 18

ALL THINGS GREEN ^{v gfor}

Crispy brown rice with poached egg, broccolini, green beans, broccoli, kale, avocado and seaweed crisps with kombu sauce (add grilled chicken or smoked salmon +4) 18

AVOCADO & FRITTERS

Smashed avocado, crispy vegetable fritters, cherry tomato and corn salsa, Persian feta, smoked salmon, dukkah and poached egg 19

HALOUMI & MUSHROOMS STACK ^v

Grilled haloumi, sautéed mixed mushrooms, green peas, asparagus, snow peas and poached egg on brioche toast 19

SHAKSHUKA ^{gfor}

Braised pork, chorizo, cherry tomatoes, onions, pinto, kidney, borlotti beans & poached egg, served with dukkah and fried kale on toasted sourdough 19

BIG BREAKFAST

Two eggs your way with chorizo, bacon, hash browns, vine truss tomato, sautéed kale and mushroom with toasted sourdough 22

FRENCH TOAST ^v

Served with red wine poached pear, pistachio, seasonal berries, candied nuts, salted caramel, ricotta & hazelnut mousse and genuine maple syrup 18

BELGIAN WAFFLE

Seasonal fruit purée, banana and strawberry with ice cream and Belgian chocolate 18

EXTRAS

Hollandaise / Hash browns	3	Crispy Bacon/ Smoked salmon/ Chorizo	4
2 Eggs	4	Toasts with condiments	5
Haloumi / Persian fetta / Avocado / Mushrooms	4		

^vVegetarian option ^{gf}Gluten free ^{gfor}Gluten free on request

ALL DAY MENU

 | THE PONDS

PLEASE ORDER AT THE COUNTER

GRILLED CHICKEN PESTO WRAP

Southern styled chicken, English cheddar, sundried tomato, market lettuce, grilled mushroom and pesto mayo in spinach wrap 14

CHICKEN SCHNITZEL WRAP

Chicken schnitzel, baby leaf, American cheese, sliced tomato and caramelised onion with smokey BBQ aioli on spinach wrap 14

B.L.A.T ^{gfor}

Bacon, baby leaf, smashed avo and tomato with house sweet chilli mayo on sourdough 14

GRILLED VEGETARIAN ^{v gfor}

Grilled mixed veges, halloumi, baby leaf and caramelised onion with pesto mayo on sourdough 14

ROASTED CAULIFLOWER SALAD ^{v gf}

Roasted cauliflower, red kale, sundried tomato, Spanish onion, sweet corn, chickpea, Persian feta with honey mustard dressing (add grilled chicken +4) 16

GRILLED CHICKEN CAESAR SALAD ^{gfor}

Southern-style chicken, crispy bacon, boiled egg, cos lettuce, parmesan cheese and crusty sourdough with Caesar dressing 16

CHICKEN AND PUMPKIN SALAD ^{gf}

Grilled Southern styled chicken breast with pepita seeds, Spanish onion and sundried tomato with caramelised orange dressing 17

EXTRAS

Super crunchy chips 5 Sweet potato chips 7

CHICKEN & WAFFLE

Southern fried chicken, apple cider coleslaw, bacon, crushed nuts and espresso maple on Belgian waffle 18

WAGYU BURGER

Wagyu beef patty, Red Jack cheese, bacon, tomato, oak lettuce, caramelised onion, aioli, on milk bun with chips 19

CHICKEN SCHNITZEL

Golden chicken schnitzel served with coleslaw, chips and creamy mushroom sauce 17

KIDS' MENU *(Served with Kids' AJ)*

Ham & cheese toastie 9
Kids' brekkie (Scrambled egg, hash brown with toast) 10
Chicken nugget & chips 10

^vVegetarian option ^{gf}Gluten free ^{gfor}Gluten free on request